

Wolverhampton Prostate Cancer Support Group

Newsletter April 2004

We would like to take this opportunity to thank everyone for their continued support of this group. In particular, thanks to Alan Morris who has taken on the role of chairing the meetings and keeping order!

Don't worry if you haven't been able to attend some of the meetings, the group is designed so that people can 'drop in' as and when they can manage or when a particular subject is being discussed that interests them. We are happy to see you as little or as often as you like. The meetings will continue to take place at the Connaught Hotel, Tettenhall Road, Wolverhampton from 1.30-3.30pm in the ballroom on the ground floor (opposite reception). Hope to see you there!

The Urology Nurse Practitioners.



A New Nurse Practitioner Team

We now have a complete Nurse Practitioner Team with the appointment of Conrad Warren in December 2003. Conrad qualified as a registered nurse in 1993 and his background to date has been within the Surgical Speciality at New Cross Hospital. Conrad joins Clare Peterson and Jenny Gould who was successfully appointed in October 2003 and many of you will know Jenny from ward D7 and the Hospital to Home team. Clare Peterson will continue to be the lead for Urology Cancer. Both Jenny and Conrad are full time and will be working towards their Advanced Nurse Practitioner qualification. The formation of this team has obviously been

a great support for Clare especially as she has from February 2004 taken on a 2 day secondment for 6 months as Lead cancer Nurse for the Trust. Clare will mainly be available in the Urology department on Monday, Wednesday and Friday.

Sad Farewell

For those of you who have been an in-patient on Ward D7 you will be sad to know that Brenda Butler (Ward Manager) retired at the end of March following 32 years service. We wish Brenda all the best for her retirement.

Welcome Mr Cooke

Peter Cooke was appointed as the 4th Consultant Urologist in January 2004. His area of special interest is cancer surgery and he hopes to develop 'key hole' surgical techniques for various Urological operations at New Cross. Many of you whose Consultant was Mr Ray (locum Consultant) will now have Mr Cooke as your Consultant. Mr Cooke is keen to be involved with this group so look out for him in October when he talks about PSA.



New Programme for 2004/2005

Please see the topics for the forthcoming year. As you will notice all four Consultants will be giving talks so please come along and ask them lots of difficult questions! If there are any subjects that you are particularly interested in that are not on the programme then please let Clare Peterson know.

2004

2004	
Monday 15 th March	- Diet & Prostate Cancer
Monday 10 th May	- Diagnosis of Prostate Cancer (Mr Inglis- Consultant Urologist)
Monday 28 th June	- Cancer related fatigue (Nicky Robottom)
Monday 16 th August	- Staging of Prostate Cancer (Clare Peterson)
Monday 4 th October	- PSA (Prostate Specific Antigen) (Mr Cooke- Consultant Urologist)
Monday 22 nd November	- Treatments for Prostate Cancer (Mr Waymont- Consultant Urologist)

2005	
Monday 10 th January	- Hormone Therapy (Mr Philp- Consultant Urologist)

Multidisciplinary Team for Urology

For those of you who attended the March meeting, you will remember Liz Evans spoke about her role as the Urology MDT co-ordinator. The MDT are all the people who are involved in your case and you see on your visits to the hospital depending on what treatment you have.

The Urology MDT members are:

- The 4 Urology Consultants
- Registrars/senior doctors
- The Nurse Practitioners
- Dr Karnik – Consultant Pathologist
- Dr Quaiyum – Consultant Radiologist
- Dr Samanci – Consultant Oncologist
- Liz Evans - MDT co-ordinator

The team meet every week to discuss new and existing cancer cases and by having all the experts there together it can be discussed what may be the best course of treatment for you. Liz has the difficult job of organising this and making sure it runs smoothly.

Patient Involvement AGM

This took place on the 1st April at Himley Hall and was a great success. We hope that those of you who managed to attend enjoyed the day, especially the comedy play about testicular cancer. The aim of this meeting was to promote user involvement and having a voice in deciding how services for cancer patients should be delivered. Anyone interested in joining the Wolverhampton or Dudley PACT (patient advisory cancer team) should contact Clare Peterson. You don't have to have any special qualifications, just being someone who has been through the process of being a patient is enough.

Big Changes in Urology Services

There are big changes ahead in the way that Urology Cancer services are to be delivered across the Black Country Network. The Department of Health have delivered guidance aimed at improving outcomes for Urology Cancers. This will mean that only certain Consultant surgeons will perform specific cancer surgery (such as radical prostatectomies) in the Network and at one specific hospital. It is hoped that this will mean that patients get better cancer care from more specialised hospital teams. It is anticipated that the cancer Centre for Urology will be at New Cross but that is still to be confirmed.

Anyone wanting a copy of the improving outcome guidance for Urology, please contact Clare Peteson.

In memory of
John (Samuel) Heath
29.4.38 - 31.12.03

